



**Malton
School**

A Specialist Science School

Stronger For Being  One

Keep calm and meditate

On 8 February a group of sixth form students took time out from their hectic schedules to find some inner calm at Pocklington Buddhist Centre. The students visited the Buddhist community to support their AS and A2 studies in Philosophy and Belief, and all found it an interesting, engaging and peaceful experience. Students were given a talk by Chochin - one of the monks - about Buddhist ideas and the way of life at the centre. They also met one of the other monks who explained the symbolic meaning of the monastic robes that they wear. The students then had a go at some breathing meditation and had the chance to mix and chat with other members of the community. All in all, a very relaxing way to learn! The RS department at Malton is committed to developing links with faith communities in the local area as a way of enriching students' studies in religion.



Sixth form students at the Pocklington Buddhist Centre

Public Speaking Competition English Speaking Union

Congratulations to **Holly Johnson** (Speaker), **Maria Murphy** (Chair-person) and **James Winship** (Questioner), who took part in the English Speaking Union Public Speaking Competition, held at Cundall Manor School on Wednesday 20 February. They held their own against stiff competition. The students learnt a great deal which they will put to good use in the 'Youth Speaks Competition', held by the Rotary Club at the end of the month.

Well done to Barney Plews and Zachary Davison, both year 7 students, who came along to support the year 11 Malton team.

Malton School Talent Show



Tuesday 28 February 2012
West Wing Hall 7.00-9.00 pm

Tickets are available from west wing reception.
Adults £4 Students and Concessions £2
Raffle and Bar
All proceeds towards the Kenyan Expedition

STOP PRESS

Congratulations to the Key Stage 3 girls **Emma Wharrick, Vue Sumsard, Annabelle Francis** and **Lucy O'Brien**, who won the North Yorkshire Badminton Heats at York yesterday. They progress through to the second round of the York District Tournament. Good luck girls!

Murder Mystery

WHO KILLED THE MAD SCIENTIST?



Featuring the teachers by popular demand!

16th March 2012 - West Wing Hall
7.00 for 7.30 start

Adults £4.00 - Concessions £2.00
Family Ticket £10.00

Contact West Wing Reception
or call 01653 692828

Providing a nurturing environment, inspiring every individual to flourish.

Geography Trip to London

At the start of December the sixth form geographers headed off to London for a study visit focusing on redevelopment in the nation's capital.

The first stop on the tour was the 43 acre Westfield Shopping Centre in West London. The £1.7 billion regeneration project has brought vital improvements to Shepard's Bush which includes a new library, park and the Octavia Burdon Lane affordable housing project.

On day two they headed off to the highlight of the trip, a guided tour of the Isle of Dogs and Olympic site in East London. The contrast between the pockets of urban deprivation and the redeveloped facilities was startling. With just 7 months to go before the Olympics, there still seemed a lot to do, though we could see that almost all of the major building projects were nearing completion. Most impressive amongst the new buildings was the pine clad Pringle shaped velodrome.



View of the Olympic Park

The final stop of our tour was at the spot giving the best view of the whole Olympic Park with the gleaming towers of Canary Wharf behind. This was from the Olympic shop on the third floor of John Lewis! The recently opened Stratford City Shopping Centre will be the main gateway to the Olympic site. Thank you to Mrs N Thorpe for her organisation and to the students for their exemplary attitude throughout.



Students enjoying the atmosphere on their trip to London

Orienteering

Eborienteers a well established orienteering club are setting up a new club night based at Northern Ryedale Leisure Centre, Swainsea Lane, Pickering. Participants of all ages and abilities are welcome from 4 to 80. Club nights will involve members keeping fit, running around parks, forests, open hillsides and even town centres following a course on a map. The club is going to run Thursday evenings between 6.00—7.30pm, **starting 23 February 2012**. No special equipment is needed, but you will need to bring a torch. The club costs £1.00 for Juniors, Seniors £2.00 and families £2.00 per session. If you would like further information on their website,

<http://eborienteers.org.uk/club-nights>.

Beauty at the Academy

Congratulations to **Abbie Powell** and **Lily Peacock** who attend the Beauty course at the Academy, Norton, for gaining second and third place in a national competition in Gateshead.

Want to stay warmer in your home?
Need to reduce your heating bills?
Have children under the age of 16?



Then claim your **FREE**
loft and cavity wall insulation

Call Yorkshire Energy Partnership today on
01904 55 44 06 and start to feel the difference.

Or email advice@energypartnership.org.uk



*Subject to a free survey. Please note: Free insulation is available for a limited time only.

Maths Drop-In Sessions
Tuesday, Wednesday and Thursday
Room 21
3.35pm—5.00pm

Open to all students/year groups
Come along and get help with your homework
Revise for exams or just to do some extra maths!

What's on at MCSC



FITNESS CLASSES

Ages 16+ All £4

Monday

9.30am - 10.15am

Legs, Bums and Tums
(held in Malton School West Wing Gym)

7pm - 8pm

Boxercise
(held in Malton School West Wing Gym)

Tuesday

9:30am - 10:30am

Fitness Pilates

8pm - 9pm

Circuit Training

Friday

9:30am - 10:30am

Legs, Bums and Tums

6-7pm

Aerotone

(held in Malton School West Wing Gym)

All classes are £4, with loyalty cards available offering 1 free class after every 10 attended or 2 free classes if 10 classes are paid for in advance

External Provider Classes as MCSC

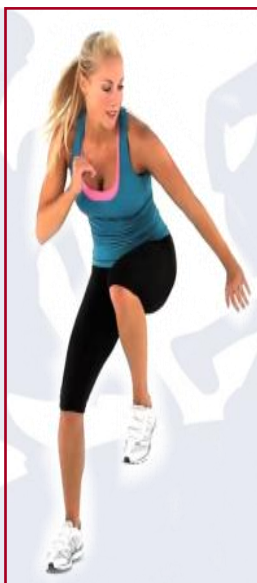
MONDAY

7pm - 8pm
Zumba Gold

8pm - 9pm
Zumba

WEDNESDAY

7pm - 8pm
Fencing
8pm - 9pm
Zumba



After a successful trial period throughout December, ME is back as a permanent part of our fitness class time table. As an incentive for new and existing customers, MCSC is offering discounted prices when 4 consecutive classes are booked in advance

Metabolic Effect basic principles are "PUSH until you can't... REST until you can. This is how you change your body and metabolism. Continue burning fat for up to 48 hours after your workout! Engage your natural "fat-loss machinery" and your body will follow. Hybrid movements provide a full body workout in 30 minutes that is different each class

BOOKING IS ESSENTIAL

METABOLIC EFFECT WEEKLY SESSIONS

TUESDAYS 12.30 - 1PM

THURSDAYS 12.30 - 1PM

WEDNESDAYS 7 - 7.30 & 7.30 - 8PM

Lunch times: £3 per class or
£5 for Tue & Thur in same week

Lunch times: £3 per class
or £10 for 4 consecutive same days

Evenings: £4 per class
or £12 for 4 consecutive classes

Contact: Alison Hyde

Easter Half Term Activity Days

Following our very successful February Half term activity days, MCSC will be running similar days throughout the Easter Holidays.

Details will be available on our website shortly.

Sports news

Leadership

Congratulations to **Jessica Johnson** and **Douglas Bentley** as they have been nominated as our school's Adistars. They are going to be assisted by our Gold Ambassadors **Benjamin Stubbings** and **Verity Johnson** in the school's preparation for the 2012 Olympics.

Well done to **Alistair Mitchell** who finished in the top 15 of the North East biathlon. Good luck in future events.

Championship Glory for Malton Boys

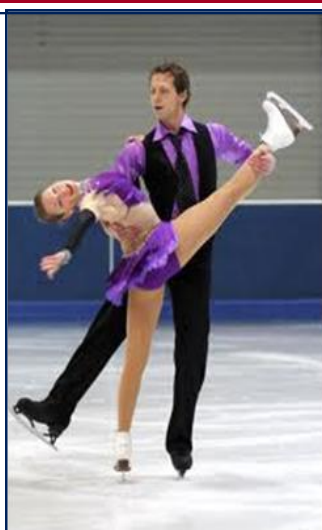
Malton School's Year 7 Basketball Team put in an excellent display to be crowned Scarborough and District champions last term. **William Hainsworth** and **Oliver Hildreth** both playing key roles. Well done to all the boys who played.



Year 7 Basketball team who went on to win the Scarborough and District finals

European Figure Skating Championships

On Wednesday 25 January, 30 students from KS3 travelled to Sheffield MotorPoint Arena to watch the European Figure Skating Championships. They were treated to a session of pairs free skating which saw the British pair of Sally Hoolin and James Hunt finish 16th.



Students then did a spot of autograph hunting and went off to practice their own skating moves nearby at Ice Sheffield. Needless to say they found replicating some of the professional moves challenging. A great time was had by all.

Calendar—Spring Term

February

Mon 20 Term starts
Y12 mock week
Tues 21 KS3 English workshops
Thurs 23 Y11 Parents Evening
Mon 27 Swedish exchange students here
Newsletter 4 issued
Y11 Photographs

March

Thurs 01 Y11 sixth form applications due
Y9 Option Fair
Mon 05 Y13 mocks week
GCSE Maths Module
Weds 07 GCSE Maths Module
Thurs 08 Y9 3rd Assessment → Home
Tues 13 Y10 Parents Evening
Thurs 15 Y12 3rd Assessment → Home
Y7 BBC News report day
Fri 16 Y9 Option forms due in
Mon 19 Y9 Core Exams
Thurs 22 Y7 & Y8 3rd Assessments → Home
Fri 23 Sport Relief
Weds 28 Easter Concert
Thurs 29 Y11 & Y13 Assessments → Home
Easter Concert
Fri 30 Staff Training Day
Last day of term

April

Mon 16 Term starts
Tues 17 March GCSE results
Mon 23 Y10 exams
Newsletter 5 issued
Tues 24 Post 18 Information Evening
Thurs 26 Junior Maths Challenge
Fri 27 Non-uniform day
Mon 30 Y9 non-core exams

May

Weds 02 Y10 Battlefield Trip departs
Mon 07 Bank holiday
Tues 08 Y8 exams/in class tests
Mon 14 GCSE/GCE exams start
Mon 21 Y7 in class tests
Thurs 31 Last Y11 day TT

June

Fri 01 Last day of term
Mon 11 Term starts

Dates Of Terms 2011-12

<u>First Day</u>	<u>Last Day</u>	<u>Day Closures</u>
Mon 09 Jan	Fri 10 Feb	
Mon 20 Feb	Th 29 Mar	Fri 30 Mar
Mon 16 Apr	Fri 01 Jun	Mon 07 May
Mon 11 Jun	Fri 20 Jul	Fri 29 June

Providing a nurturing environment, inspiring every individual to flourish.

Headteacher: Mr R Williams

Malton School, Middlecave Road, YO17 7NH. Tel. 01653 692828 Fax 01653 696871 e-mail admin@maltonschool.org